

JULY 2023
EBS 320
METHODS OF TEACHING
PHYSICAL EDUCATION
30 MINUTES

Candidate's Index Number
Signature:

UNIVERSITY OF CAPE COAST
COLLEGE OF EDUCATION STUDIES
SCHOOL OF EDUCATIONAL DEVELOPMENT AND OUTREACH
INSTITUTE OF EDUCATION

COLLEGES OF EDUCATION
FOUR-YEAR BACHELOR OF EDUCATION (B.ED)
THIRD YEAR, FIRST SEMESTER MID-SEMESTER QUIZ, JULY 2023

28TH JULY 2023

METHODS OF TEACHING
PHYSICAL EDUCATION

8:00 AM – 8:30 AM

Answer ALL the questions.
(20 MARKS)

For items 1 to 7, each stem is followed by four options lettered A to D. Read each item carefully and circle the letter of the correct or best option.

1. Which one of the following is **not** part of the three categories of teaching decision phases, that must be present according to Mosten, whenever teaching- learning process is in effect?
 - A. Impact
 - B. Post-impact
 - C. Pre-impact
 - D. Student-centred
2. Which of the following teaching-learning phases is also referred to as the content execution phase?
 - A. Impact
 - B. Post-impact
 - C. Pre-impact
 - D. Children- centred
3. Which one of Mosten's teaching style is designed to allow the pupils to operate at the lowest level of decision making?
 - A. Command style
 - B. Problem solving
 - C. Small group style
 - D. Task style

4. Which of the following is **not** a procedure the teacher should follow when using the guided-discovery style of teaching?
- Accept off-target responses and then lead the group back onto the track.
 - After asking the question, have patience to wait for responses.
 - Provide the answer to pupils if they are wasting too much of your teaching time.
 - Reinforce students responses to maximize further involvement.
5. Which of the stages of the teaching-learning phases are the following decisions made?
- Whom to teach,
 - What to teach,
 - Where to teach
- Children centred
 - Impact
 - Post-impact
 - Pre-impact
6. Which of the anatomy of teaching-learning phases are the following decisions made?
- reinforcement
 - feedback
- Impact
 - Post-impact
 - Pre-impact
 - Student-centred
7. The reciprocal style of teaching physical education allows students to make decisions at the following teaching-learning phases.
- Planning
 - Execution
 - Evaluation
- I and II
 - II and III
 - II only
 - III only

Items 8 to 14 are statements followed by True and False options. Read each statement carefully and indicate whether it is True or False by circling the letter of the correct option.

8. The small group style of teaching in physical education does **not** use more than two pupils at a time.
- True
 - False
9. The aim of the individual-performance style of teaching is to extend the opportunity for group-motivated learning.
- True
 - False
10. The mode of questioning in the Problem-solving style of teaching is often referred to as funnel effect or design.
- True
 - False

- 11. Problem solving style of teaching is “teacher- centred”.
 - A. True
 - B. False
- 12. Unsuccessful lessons are due to teaching styles.
 - A. True
 - B. False
- 13. The primary disadvantage of the guided discovery style of teaching is that it is extremely time-consuming.
 - A. True
 - B. False
- 14. The individual-program style of teaching offers the possibility for increased individual freedom, as well as self-motivation and self-assessing learners.
 - A. True
 - B. False

For items 15 to 20, write the appropriate responses in the spaces provided.

15. How do you call activities or exercises used in Physical Education lessons to raise the body temperature and to prepare the individual for the day’s practical activities?

.....
.....

16. The health-related physical fitness needs of children at lower level of education are met through

.....
.....

17. In practical physical education lesson, what activities are used to prepare particular or targeted body parts before the teacher starts teaching a skill practice?

.....
.....

18. What is the last activity in a practical physical education lesson performed for children to enjoy the day’s activity which is also used to assess the skill taught?

.....
.....

19. At what time or period is a physical education teacher expected to write his or her remarks for a lesson?

.....
.....

20. What are the **two** types of reinforcement in teaching-learning to address feedback?

.....
.....